



PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION AND CITIZENSHIP

At Sir William Borlase's Grammar School we recognise that each student has individual needs, abilities and potential. The PSHCE and RE lessons aim to provide for each individual a broad programme of study embracing academic, personal, social and spiritual elements.

The programme in Key Stage 4 includes the following modules:

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| Study skills and careers | Health issues |
| Environmental issues | Citizenship |
| Current local, national and global issues | Personal finance |
| Sex & Relationship Education | Personal safety |
| Government & Politics | Anti Bullying |

During the course we try to offer a programme of outside speakers. Representatives from the following areas have spoken in the past:

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|-----------------------------|------------------------------|
| Police/Young Offenders Team | Eating Disorders Association |
| Environmental issues | Youth Enquiry Service |
| Local Magistrates Court | Narcotics Anonymous |
| Drugs Awareness | Alcoholics Anonymous |

In Years 10 and 11 the course will also cover elements from the Religious Studies curriculum shown on the previous page.

For more information please speak to Mr Bagshaw, Head of year 9 or Mr Hill, Head of Key Stage 4.

CORE PHYSICAL EDUCATION

All pupils in Years 9-11 continue to receive 2 hours of physical education each week in their formal curriculum time. This is in addition to the range of extra-curricular activities that continue to run both at lunch times and after school hours. Beyond this, the PE Department also aim to offer a range of leadership course opportunities through the School Sports Partnership and the National Step Into Sport programme. As pupils approach and enter the Key Stage 4 Physical Education curriculum we aim to offer a broader range of activities that will encourage more regular participation beyond school hours and into adult life.

The curriculum activities available include:

Gymnastics, Basketball, Athletics, Football Fitness, DanceTennis, Rugby, Handball , Netball, Cricket, Rowing, Softball, Hockey, Pop Lacrosse, Rounders, Badminton, Boxercise, Ultimate Frisbi, Dodgeball.

**For more information please speak to
Miss Holt, Head of PE or your PE teacher**

