



## PERSONAL, SOCIAL,

### HEALTH & ECONOMIC EDUCATION AND CITIZENSHIP

At Sir William Borlase's Grammar School we recognise that each student has individual needs, abilities and potential. The PSHCE and RE lessons aim to provide for each individual a broad programme of study embracing academic, personal, social and spiritual elements.

The programme in Key Stage 4 includes the following modules:

Study skills and careers	Health issues
Environmental issues	Citizenship
Current local, national and global issues	Personal finance
Sex & Relationship Education	Personal safety
Government & Politics	Anti Bullying

During the course we try to offer a programme of outside speakers. Representatives from the following areas have spoken in the past:

Police/Young Offenders Team	Eating Disorders Association
Environmental issues	Youth Enquiry Service
Local Magistrates Court	Narcotics Anonymous
Drugs Awareness	Alcoholics Anonymous

In Years 10 and 11 the course will also cover elements from the Religious Studies curriculum shown on the previous page.

For more information please speak to Mr Bagshaw, Head of year 9 or Mr Hill, Head of Key Stage 4.

### **CORE PHYSICAL EDUCATION**

All pupils in Years 9-11 continue to receive 2 hours of physical education each week in their formal curriculum time. This is in addition to the range of extra-curricular activities that continue to run both at lunch times and after school hours. Beyond this, the PE Department also aim to offer a range of leadership course opportunities through the School Sports Partnership and the National Step Into Sport programme. As pupils approach and enter the Key Stage 4 Physical Education curriculum we aim to offer a broader range of activities that will encourage more regular participation beyond school hours and into adult life.

The curriculum activities available include:

Gymnastics, Basketball, Athletics, Football Fitness, DanceTennis, Rugby, Handball , Netball, Cricket, Rowing, Softball, Hockey, Pop Lacrosse, Rounders, Badminton, Boxercise, Ultimate Frisbi, Dodgeball.

**For more information please speak to  
Miss Holt, Head of PE or your PE teacher**

