



4 September 2026

Dear Parents and Carers,

Year 12 Wednesday Afternoon Games Options – Autumn Term

As part of the Year 12 curriculum, all students take part in Games each Wednesday afternoon from 2.30pm to 3.30pm. This provides an important opportunity for physical activity, which supports both physical health and overall wellbeing. We offer a range of options, both in school and externally, enabling students to choose an activity that reflects their interests and promotes an active lifestyle.

Students who already participate in sport outside school may wish to join one of our school teams in Football, Rugby, Netball, Rowing or Hockey.

We also offer recreational sports on site, including football, netball, hockey, badminton and use of the fitness suite. Dance is available in school with Evolve Youth Dance Company; contemporary dance training continues until 5pm. This is audition based, but the first hour is open to all.

Alternatively, students may pursue an external sporting activity, such as attending a gym, swimming, playing golf, rowing or any other sport they find enjoyable. Students choosing an off-site activity should make appropriate arrangements to travel to their venue during lunchtime, so that they are able to participate for the full Games session.

Please discuss the available options with your child and complete [this Google Form](#) to indicate their preferred activity by 9.00am on Wednesday 9 September, so that students can begin their chosen activity that afternoon. We expect all students to take part in their chosen activity during this timetabled period.

Parents and carers will be invited to review and update their child's Games preference at the beginning of the Spring and Summer Terms.

Yours faithfully,

Naveed Hussain

Assistant Headteacher / Director of Sixth Form