Menu FIR Intolerance Report

Secondary Cold Deli April 25

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Blue Dot Rolls																												
Chill Deal Small Cheese Roll 6465	✓	✓											✓													M		
Chill Deal Small Chicken Roll 6466	✓	✓									✓															M		
Chill Deal Small Egg Mayo Roll 6470	✓	✓									✓															M		
Chill Deal Small Ham Roll 6474	✓	✓																								M		
Chill Deal Small Tuna Mayo Roll 6659	✓	✓						✓			✓															M		
Halal Chill Deal Small Chicken Roll 6468	✓	✓									✓															M		
Sandwiches																												
Cheese & Tomato Deli Sub 6685	✓	✓			M	M	M				M	✓	✓													M		
Chicken & Sweetcorn Deli Sub No Spread 6688	✓	✓			M	M	M				✓	✓	✓													M		
Chicken & Sweetcorn Sandwich Malted No Spread 6945	✓	✓				✓					✓	✓																
Chicken Tikka Bloomer 1000090 (S)	✓	✓				✓					✓	✓																
Halal Chicken & Sweetcorn Deli Sub No spread 6736	✓	✓			M	M	M				✓	✓	✓													M		
Halal Chicken & Sweetcorn Sandwich Malted No Spread 6947	✓	✓				✓					✓	✓																
Halal Chicken Tikka Bloomer 1000091 (S)	✓	✓				✓					✓	✓																
Ham & Cheese Deli Sub 6737	✓	✓			M	M	M				M	✓	✓													M		
Baguettes																												
Chicken Tikka Baguette 5764	✓	✓				M					✓															M		
Halal Half Chicken Tikka Baguette 6219	✓	✓				M					✓															M		
Halal Half South Fried Chicken Chilli Mayo Baguette 6437	✓	✓	✓	✓		M					✓	M	M											M	M	M	M	

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Halal Southern Fried Chicken Chilli Mayo Baguette 5934	✓	✓	✓	✓		M					✓	M	M											M	M	M	M	
Half Cheese Baguette 6289	✓	✓				M							✓													M		
Half Chicken Tikka Baguette 6232	✓	✓				M					✓															M		
Half Ham & Cheese Baguette 6235	✓	✓				M							✓													M		
Half Ham Baguette 7663	✓	✓				M																				M		
Half Houmous and Pesto Roasted Vegetable Baguette Malted 6238	✓	✓				✓																				✓		
Half South Fried Chicken Chilli Mayo Baguette 6435	✓	✓	✓	✓		M					✓	M	M											M	M	M	M	
Half Tuna & Cucumber Baguette Malted 6439	✓	✓				✓		✓			✓															M		
Half Vegan BBQ Sausage Baguette 7358	✓	✓				✓						✓												✓		M	✓	
Ham & Cheese Baguette 5901	✓	✓				M							✓													M		
Houmous & Pesto Roast Veg Bag Malted No Spread 5902	✓	✓				✓																				✓		
Just Cheese Baguette 5491	✓	✓				M							✓													M		
Just Ham Baguette 5914	✓	✓				M																				M		
Southern Fried Chicken Chilli Mayo Baguette 5932	✓	✓	✓	✓		M					✓	M	M											M	M	M	M	
Tuna Mayonnaise & Cucumber Baguette Malted 5992	✓	✓				✓		✓			✓															M		
Vegan BBQ Sausage Baguette 7337	✓	✓				✓						✓												✓		M	✓	

Filled Selection

Caprese Croissant 6639	✓	✓									✓	M	✓	M	M	M												
Chicken Caesar Wrap 6701	✓	✓									✓		✓															
Halal Chicken Caesar Wrap 6704	✓	✓									✓		✓															
Ham & Cheese Croissant 6641	✓	✓									✓	M	✓	M	M	M												
Tuna Crunch Bagel 1003295	✓	✓			✓	✓		✓			✓															M		
Vegan Falafel & Lime Slaw Wrap 1000092 (S)	✓	✓																								M	✓	

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Vegan Onion Bhaji Wrap 6743	✓	✓																							M		M	
Salad Bowls																												
Cheese Salad Pot 6488													✓															
Chicken Salad Pot 6489																												
Halal Chicken Salad Pot 6491																												
Hard Boiled Egg Salad Pot 6492											✓																	
Roasted Vegetable Salad 1000093 (S)																												
Tuna Mayo Salad Pot 6494								✓			✓																	
Premium Salad Bowls																												
Chicken Caesar Salad 1000094 (S)	✓	✓			✓	✓					✓		✓	M	M	M		M								M		
Chipotle Roast Chickpea & Orzo Pasta Salad 6925	✓	✓										M													M		✓	
Halal Chicken Caesar Salad 1000095 (S)	✓	✓			✓	✓					✓		✓	M	M	M		M								M		
Marinated Edamame Beans Soy & Ginger Dressing 7458	✓	✓										✓															✓	
Mezze Bag with Houmous 7308																										✓		
Onion Bhaji & Tabbouleh Salad 1003296	✓	✓																							M		✓	
Sushi with Japanese Slaw 7509								M	M	M				M	M	M	M	M	M	M	M	M	M			✓	✓	
Vegan Korean Noodles Salad 7490	✓	✓	✓	✓								✓																
Pasta Pots																												
Pesto Pasta Salad 16oz 7517	✓	✓										M	✓												M			
Tuna & Sweetcorn Pasta 16oz 2905	✓	✓						✓			✓	M													M			
Vegan Tomato & Basil Pasta Salad 16oz 1000000	✓	✓										M													M			