Menu FIR Intolerance Report

Innovate Non Halal Menu April 25_WK1

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Monday																												
Lemon & Herb Piri Piri Chicken & Spicy Rice 1000136																											✓	
Piri Piri Quorn Macho Peas and Spicy Rice 1000083	✓	✓																									✓	
Spiced Pineapple Cake 1001790	✓	✓									✓	M	✓														✓	
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Tuesday																												
Apple Strudel and Custard 5234	✓	✓									✓		✓															
Mexican Style Beef & Tortilla Lasagna 1000138	✓	✓									M	M	✓												M			
Pasta & Cheese Sauce 12oz 7331	✓	✓										M	✓												✓			
Pasta & Cheese Sauce 16oz 7330	✓	✓										M	✓												✓			
Vegetable & Mixed Bean Lasagne 1001741	✓	✓									M	M	✓												M			
Wednesday																												
Chocolate Sponge & Sauce 5238	✓	✓									✓		✓															
Glazed British Roast Gammon Dinner 1001755	✓	✓									✓		✓												✓			
Open Harissa Roasted Squash & Feta Pie 4957	✓	✓									✓		✓															
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Thursday																												
Chicken Tikka Masala 1001822	M	M									✓		✓															

Innovate Non Halal Menu April 25_WK1

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Cookie Dough Fruit Crumble 1001791	✓	✓									✓	M	✓															
Creamy Pesto Pasta 12oz 7333	✓	✓										M	✓												M			
Creamy Pesto Pasta 16oz 7332	✓	✓										M	✓												M			
Crunchy Topped Macaroni Cheese 4931	✓	✓										M	✓												✓			
Friday																												
Battered Fish & Chips 4867	✓	✓				✓		✓			✓														✓			
BBQ Bean Burger 1001742	✓	✓				✓					✓	✓												✓		M		
Fruit Salad Pot 4oz 7275																												
Grape Pot 4oz 7276																												
Honey & Strawberry Yogurt 4oz 6983												✓	✓															
Honey & Vanilla Yogurt 4oz 6986												✓	✓															
Mango & Strawberry Yogurt 4oz 6992												✓	✓															
Mango & Vanilla Yogurt 4oz 6993												✓	✓															
Margherita Pizza & Chips Homemade 7955	✓	✓									M	✓	✓															
Pineapple Pot 4oz 7277																												
Plain Vanilla Yogurt 4oz 6989												✓	✓															
Salmon Fishcake, Chips & Peas 4969	✓	✓						✓			✓														✓			
Sausage (Pork) & Chips 4974	✓	✓																									✓	
Strawberry Yogurt 4oz 6990												✓	✓															
Toffee & Vanilla Yogurt 4oz 6995												✓	✓															
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Watermelon Pot 4oz 7279																												

Innovate Non Halal Menu April 25_WK1

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Wibble Jelly Forest Fruits 4oz 8163																												
Wibble Jelly Orange 4oz 2894																												
Wibble Jelly Raspberry 4oz 7321																												
Wibble Jelly Strawberry 4oz 7320																												

Innovate Non Halal Menu April 25_WK2

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Monday																												
Dutch Apple Cake 1001792	✓	✓									✓		✓															
Halal Chicken & Beef Sausage & Mash 4989	✓	✓											✓														✓	
Pork & Beef Sausage & Mash with Onion Gravy 5027	✓	✓										✓	✓														✓	
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Vegan Sausage & Bean Casserole 1001743												✓															✓	
Tuesday																												
Cheesy Cauliflower Pasta Bake 1000084	✓	✓										M	✓												M			
Chicken & Tomato Pasta Bake 1001836	✓	✓											✓															
Pasta & Cheese Sauce 12oz 7331	✓	✓										M	✓												✓			
Pasta & Cheese Sauce 16oz 7330	✓	✓										M	✓												✓			
Warm Blueberry Sponge 5258	✓	✓									✓		✓															
Wednesday																												
Cheese Leek & Potato Pie 1000163	✓	✓									✓		✓												✓			
Mixed Berry & Apple Crumble 5230	✓	✓											✓															
Roast Breast of Turkey 1001843	✓	✓									✓		✓															
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Thursday																												
Banana Pudding & Custard 1000143	✓	✓									✓	M	✓															

Innovate Non Halal Menu April 25_WK2

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Chinese Vegetable Stir Fry 1000165	✓	✓										✓														✓		
Creamy Pesto Pasta 12oz 7333	✓	✓										M	✓												M			
Creamy Pesto Pasta 16oz 7332	✓	✓										M	✓												M			
Sweet and Sour Chicken with Fried Rice 1001851	✓	✓										✓															✓	
Friday																												
Battered Fish & Chips 4867	✓	✓				✓		✓			✓														✓			
Fruit Salad Pot 4oz 7275																												
Grape Pot 4oz 7276																												
Honey & Strawberry Yogurt 4oz 6983												✓	✓															
Honey & Vanilla Yogurt 4oz 6986												✓	✓															
Mango & Strawberry Yogurt 4oz 6992												✓	✓															
Mango & Vanilla Yogurt 4oz 6993												✓	✓															
Margherita Pizza & Chips 4955	✓	✓	M	M	M	M	M						✓															
Pineapple Pot 4oz 7277																												
Plain Vanilla Yogurt 4oz 6989												✓	✓															
Salmon Fishcake, Chips & Peas 4969	✓	✓						✓			✓														✓			
Sausage (Pork) & Chips 4974	✓	✓																									✓	
Strawberry Yogurt 4oz 6990												✓	✓															
Toffee & Vanilla Yogurt 4oz 6995												✓	✓															
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Vegan Quorn Burger (Dippers) with Ranch Slaw 1001744	✓	✓																							✓	M	✓	
Watermelon Pot 4oz 7279																												

Innovate Non Halal Menu April 25_WK2

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Wibble Jelly Forest Fruits 4oz 8163																												
Wibble Jelly Orange 4oz 2894																												
Wibble Jelly Raspberry 4oz 7321																												
Wibble Jelly Strawberry 4oz 7320																												

Innovate Non Halal Menu April 25_WK3

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Monday																												
Asian Vegetable, Soya & Bean Noodle Stir Fry 5087	✓	✓	✓	✓								✓														✓		
Chocolate and Banana Brownie 1001794	✓	✓									✓		✓															
Kung Pao Chicken & Egg Fried Rice Rice 1002592	✓	✓										✓		M	M	M	M	M	M	M	M	M	M			✓	✓	
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Warm Blueberry Sponge 5258	✓	✓									✓		✓															
Tuesday																												
Mac n Cheese Bolognaise 1001867	✓	✓										M	✓												M			
Oaty Apple Crumble and Custard 1001795	✓	✓				M	✓						✓															
Pasta & Cheese Sauce 12oz 7331	✓	✓										M	✓												✓			
Pasta & Cheese Sauce 16oz 7330	✓	✓										M	✓												✓			
Vegan Ragout with Pasta 4997	✓	✓										M													M			
Wednesday																												
Roast Pork Dinner 1001876	✓	✓									✓		✓															
Smashed Butternut Squash Mac and Cheese 1000248	✓	✓									✓	M	✓												M		✓	
Sticky Lemon Sponge & Custard 1000089	✓	✓									✓	M	✓															
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Thursday																												
Baked Churros with Chocolate Sauce 5236	✓	✓				M					✓	✓	✓															

Innovate Non Halal Menu April 25_WK3

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Cauliflower Bhajis 1001747	✓	✓									✓		✓															
Creamy Chicken Korma with Pilau Rice 1001909	M	M																										
Creamy Pesto Pasta 12oz 7333	✓	✓										M	✓												M			
Creamy Pesto Pasta 16oz 7332	✓	✓										M	✓												M			

Friday

Battered Fish & Chips 4867	✓	✓				✓		✓			✓														✓			
Fruit Salad Pot 4oz 7275																												
Grape Pot 4oz 7276																												
Honey & Strawberry Yogurt 4oz 6983												✓	✓															
Honey & Vanilla Yogurt 4oz 6986												✓	✓															
Mango & Strawberry Yogurt 4oz 6992												✓	✓															
Mango & Vanilla Yogurt 4oz 6993												✓	✓															
Margherita Pizza & Chips Homemade 7955	✓	✓									M	✓	✓															
Pineapple Pot 4oz 7277																												
Plain Vanilla Yogurt 4oz 6989												✓	✓															
Salmon Fishcake, Chips & Peas 4969	✓	✓						✓			✓														✓			
Sausage (Pork) & Chips 4974	✓	✓																									✓	
Strawberry Yogurt 4oz 6990												✓	✓															
Toffee & Vanilla Yogurt 4oz 6995												✓	✓															
Tomato & Basil Pasta Pot 12oz 7335	✓	✓										M													M			
Tomato & Basil Pasta Pot 16oz 7334	✓	✓										M													M			
Vegan Chickpea & coriander Burger 1000179 (S)	✓	✓																								M		
Watermelon Pot 4oz 7279																												

Innovate Non Halal Menu April 25_WK3

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Wibble Jelly Forest Fruits 4oz 8163																												
Wibble Jelly Orange 4oz 2894																												
Wibble Jelly Raspberry 4oz 7321																												
Wibble Jelly Strawberry 4oz 7320																												